

Appendix A: Athletes Code of Conduct Acknowledgement

- I will do my best to demonstrate good sportsmanship at all times.
- I will not defend or engage in actions, in or out of the water, which are not consistent with good sportsmanship, including abusive, hazing-like activities, discriminatory, intimidating and/ or profane body language or gestures, directed at anyone.
- I will be present for all practices and activities at which attendance is expected or required, and if I cannot be there, will notify the appropriate coach and/or team manager.
- I will be on deck a minimum of 10 minutes in advance of the scheduled start of each practice (or earlier, as established by my coach).
- I will play and compete for my own enjoyment, as well as for my team and teammates. I will go beyond a 'win-at-all costs' attitude.
- I will respect my opponents.
- I will have fun, make friends, improve my skills and play safely.
- I will learn, understand and respect the rules of the game.
- I will respect the rights and consider the safety of other players, coaches, officials, administrators, volunteers and parents.
- I will refrain from any behavior that could be constituted as bullying or harassment, including, but not limited to: offensive, cruel, intimidating or humiliating behavior; gossip or exclusion (direct or indirect); assertion of power through aggression; physical or mental harassment of a less powerful person by a more powerful person; unwanted remarks, jokes, comments, innuendos or taunts about a person's looks, body, attire, age, race, religion, sex or sexual orientation.
- I will refrain from using tobacco, marijuana and vaping when involved in Torpedoes events, programs or activities.
- I will not be in possession of any illegal substances, marijuana, tobacco and/or performance enhancing drugs, and, if under the age of majority (or legal drinking age in Alberta), will not be in possession of or use alcohol.
- I will respect the facilities we practice and play in, as well as use for travel and accommodations. Any physical damage occurring to a facility, or cost arising from missing items/vandalism in a situation that involves me, shall be the responsibility of myself (and in the case of a minor, my parents). If more than one person is sharing use of the facility or room, costs will be shared equally if there is no admission of guilt, and the Torpedoes Club shall be responsible for collecting any such costs.
- I will not use my cell phone or any other recording device in accordance with the Torpedoes Communications Policy.

Print and Signature of Athlete	Print and Signature of Parent/Guardian	
Date:	Date	

Approved: June 18, 2024 by Board of Directors



Appendix B: Parent's Code of Conduct Acknowledgement

- I will complete the Respect in Sport for Parents, which is valid for 5 years.
- I will remember that this is a game that my child is playing.
- I will do my best to demonstrate good sportsmanship at all times.
- I will never condone, permit, defend or engage in actions, in or out of the water, which are not consistent with good sportsmanship, including abusive, discriminatory, intimidating and/or profane body language or gestures directed at anyone.
- I will encourage my child to do his or her best, have fun, and demonstrate good sportsmanship.
- I will teach my child how to win and lose gracefully and with dignity.
- I will lead by example.
- I will never ridicule or yell at my child, or any other child on any of the Torpedoes teams or our water polo competitors for making a mistake.
- I will assist my child to understand and respect the rules of the game.
- I will encourage my child to remember that he or she is a part of a team, and to work for the good of the team.
- I will respect the rights and feelings of the players, officials, coaches, volunteers and administrators.
- I will work to support, not undermine or interfere with, their efforts.
- I will never encourage my child to play the game in a manner inconsistent with the coach's direction or plan.
- I will communicate any worries or difficulties my child may be experiencing to the Coach and Team Manager outside of practice or game time in a discreet manner.
- I will wait for a full 24 hours after an incident (unless the incident puts an Athlete in danger or is a direct violation of the Code of Conduct) before submitting a written Incident Report. All complaints must have a detailed written Incident report, available here. I am aware that all communications with the Coach of my child will automatically be CC'd to the Team Manager and/or Parent Liaison. This is to ensure that your concerns will be seen, noted and acted upon in a reasonable amount of time. All communications will be handled with the utmost discretion.

Print and Signature of Parent/Guardian	 Date	

Approved: June 18, 2024 by Board of Directors



Appendix C: Coaches Code of Conduct Acknowledgement

- I will do my best to demonstrate good sportsmanship at all times.
- I will not defend or engage in actions, in or out of the water, which are not consistent with good sportsmanship, including abusive, discriminatory, intimidating and/or profane body language or gestures directed at anyone.
- I will consistently display high personal and professional standards and project a positive image of the sport and of coaching.
- I will communicate with players, parents, officials, volunteers and administrators honestly, generously and with integrity.
- I will deal with difficult calls by officials appropriately (calmly and quietly), and within the rules of the governing body for Canadian water polo.
- I will treat players fairly and equally. This does not mean equal playing time. It means that each player is as important as the next to the coach, and will be helped to improve their skills; in the case of misconduct, the discipline will be based solely on the act and not on the player's ability.
- I will set attainable goals for the team and individual players while encouraging safety and fun for everyone.
- I will lead by example, and respect the rules of the game.
- I will work continuously to learn more about the game and to improve my coaching skills.
- I will consider the academic pressures placed on student-athletes and conduct training and events in a manner that supports academic success.
- I will, under no circumstances, provide, promote or condone the use of drugs or performance-enhancing substances.
- I will also abide by the <u>Code of Ethics of the Coaching Association of Canada</u>.

Print and Signature of Coach	Date		

Approved: June 18, 2024 by Board of Directors



Appendix D: Volunteers, Administrators, and Contract/Other Employees Code of Conduct Acknowledgement

- I will do my best to demonstrate good sportsmanship at all times.
- I will never condone, permit, defend or engage in actions, in or out of the water, which are not consistent with good sportsmanship, including abusive, discriminatory, intimidating and/ or profane body language or gestures directed at anyone.
- I will learn, understand, and respect the rules of the game, treating everyone fairly and generously, with honesty and integrity.
- I will encourage players to have fun, make friends, improve their skills, play safely and respect the rights and consider the safety of others.
- I will take appropriate action when necessary to protect or enhance the safety of players, coaches, officials, parents, and other volunteers or administrators.
- I will share confidential information only with the consent of those requesting confidentiality or in a way that individuals cannot be identified.

Print and Signature	Date	

• I will comply with any recommended AHS and Governing Bodies COVID-19 Guidelines.

Approved: June 18, 2024 by Board of Directors